

Regular Box \$30.00	Senior/Convenience Meals Box \$28	Allergen-Free Box \$25.00	Fish & Shrimp Seafood Box \$35.00
1.5 lb. New York Strip Steak (4 x 6 oz.) 2 lb. Chicken Breast Stir Fry (Boneless/Skinless Chicken Breast Chunks) 2 lb. Breaded Breast Filet 1 lb. Steak Fajita Strips 20 oz. Supreme Pizza 28 oz. Jumbo Beef Patties w/Gravy 1 lb. All Meat Hot Dogs 10 oz. Individually-Wrapped Cheese (16 slice) 1 lb. Mixed Vegetables 2 lb. French Fries 12 ct. White Corn Tortillas 1 lb. Rice 15 oz. Peach Halves 6 oz. Pancake Mix 32 oz. 2% Shelf Stable Milk Dozen Eggs Dessert	New Orleans Style Chicken over Savory Rice with Okra & Tomatoes and Diced Sweet Potatoes Grilled Chicken Strips & Penne Pasta with Creamy Tomato Basil Sauce , Capri Blend Vegetables and Green Beans with Onions and Red Peppers Beef & Bowtie Pasta with Herbed Tomato Sauce , Capri Blend Vegetables and Corn Flame-Broiled Salisbury Steak with Brown Gravy , Sour Cream & Chive Potatoes and Mixed Vegetables Cheesy Chicken and Broccoli Casserole with Rice, Green Beans and Squash Medley Classic Chicken Tetrazzini with Diced Carrots and Green Peas Country Fried Steak with Cream Gravy , Red Skin Whipped Potatoes and Mixed Vegetables Spaghetti with Meatballs , Green Beans and Cinnamon Applesauce Chicken Parmesan with Whipped Potatoes and Capri Blend Vegetables Flame-Broiled Beef Patty with Onion Gravy , Sour Cream & Chive Potatoes and Capri Blend Vegetables 10 2-pack, individually-wrapped cookies	Processed to eliminate the eight top serious allergens: <i>Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley)</i> Great for children and adults! 1 lb. Breaded Chicken Tenders 1 lb. Breaded Chicken Breast Chunk (Boneless Wing) 1 lb. Breaded Chicken Nuggets 1 lb. Breaded Chicken Pattie 1 lb. Breaded Steak Fingers	2 lb. Alaskan Salmon Filets (8 x 4 oz. vacuum-pack) 2 lb. IQF Whiting Filets (4 oz.-6 oz. filets) 2 lb. IQF Large Shrimp (26-30 per lb.)



*** One or More Specials Available Only with the Purchase of a Regular, Senior, Allergen-Free or Seafood Box Above ***

April Special — A \$22.00 1.5 lb. T-Bone Steaks (2 x 12 oz.) 2 lb. Lean All-Beef Hamburger Steaks (4 x 8 oz.) 1.5 lb. Boneless Pork Roast 1 lb. Mild Italian Sausage with Cheese	April Special — D \$21.00 10 lb. IQF Boneless Skinless Chicken Breast	April Special — F \$22.00 3 lb. No. 1 Premium Idaho Baking Potatoes 3 lb. No. 1 Premium North Carolina Sweet Potatoes 1 pkg. Wiley's Sweet Potato and Yam Seasoning 1 head Premium Green Cabbage 1 lb. No. 1 Premium California Baby Whole Peeled Carrots 2 each Premium 1015 Jumbo Sweet Onions 1 each Premium Red, Yellow, Orange & Green Bell Peppers 2 each Premium California Lemons 1 head Premium California Iceberg Lettuce 4 each Washington State Premium Bosc Pears 4 each Washington State Premium Red Delicious Apples 1 each Premium Golden Ripe Pineapple 1 each Premium Sweet Cantaloupe April Fruit and Veggie Recipe Sheet
April Special — B \$21.00 3 lb. Ribeye Steaks (6 x 8 oz.) 1.5 lb. Bacon-Wrapped Pork Filet (4 x 6 oz.)	April Special — E \$18.00 6 lb. Lean All-Beef Hamburger Steaks (12 x 8 oz.)	
April Special — C \$21.00 1.5 lb. Kansas City Strip (2 x 12 oz.) 1.5 lb. Bone-In Ribeye (2 x 12 oz.) 2 lb. Thick-Cut Boston Butt Chops (4 x 8 oz.)	April Special — G \$14.00 2/5 Bushel Tree-Ripened Valencia Oranges (approximately 40-50 oranges per box)	

www.wsfm.us	WEST SHORE FOOD MINISTRIES	717-418-2591 admin@wsfm.us
<u>In-Person Food Signup and Payment Dates</u> Fri. evening, April 10 from 5:00-7:00 p.m. Sat. morning, April 11 from 9:00 a.m.-Noon Trinity United Methodist Church 415 Bridge St., New Cumberland, PA CASH, CASHIER'S CHECK, MONEY ORDER, OR EBT CARD ONLY Sorry, no personal checks, debit or credit cards accepted.	<u>Online Ordering</u> www.wsfm.us Credit & Debit Cards Accepted <u>Online Only</u>	<u>Distribution Day</u> Saturday, ** April 18 ** 09:30 a.m.-12:00 Noon Red Land Baptist Church 661 Big Spring Road, New Cumberland, PA **** Please bring a Medium Sized Box or Laundry Basket for Each Regular Unit Purchased ****

We Accept Food Stamps (EBT).

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

****Distribution Day "Forgotten Boxes" policy:** If it is near closing time and your order has not been picked up West Shore Food Ministries will attempt to reach you. However, **food not picked up by 12:30 p.m. on distribution day will be given to charity.** Since we pay for the food in advance **we will not be able to refund your money.** As a non-profit and all-volunteer organization we do not have freezer space to store large amounts of food.

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality